FSTC Workforce Education & Training

High Performance Frying

Get the Most Out of Your Fryer Operation

Presented by:

Todd Bell Sr Energy Analyst Mark Finck Sr. Engineer

Mission Critical Support by:

Andre Hookfin Lab Technician II Jenny Ritchie Event Asst. Janel Rupp Ed & Training Mgr Kiana Caban Communications Asst.





Today's Fantastic Guest Speaker:

Danny Klauer
Stratus Foods
Foodservice Region Manager
916.769.7937
Danny.Klauer@stratasfoods.com





Download today's presentation:

www.fishnick.com/handouts/04262016





The Food Service Technology Center (FSTC) program is <u>funded</u> <u>by utility customers</u> through the public purpose program and administered by the Pacific Gas and Electric Company under the auspices of the California Public Utilities Commission.

Fisher-Nickel Inc. has managed the FSTC for PG&E since 1986.

Our Mission:

Promote Energy Efficiency in Commercial Food Service





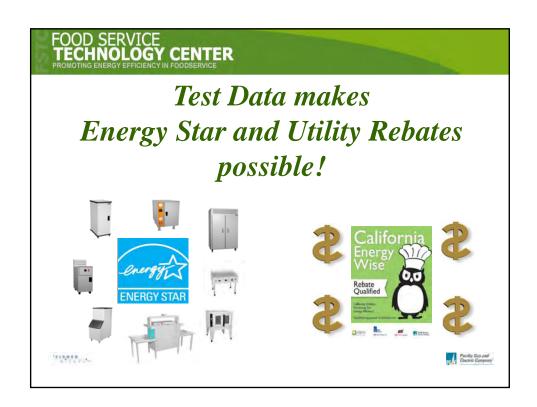


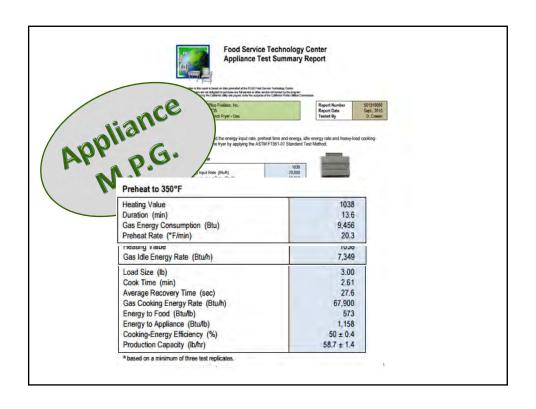
The FSTC's Foundation is Appliance Testing

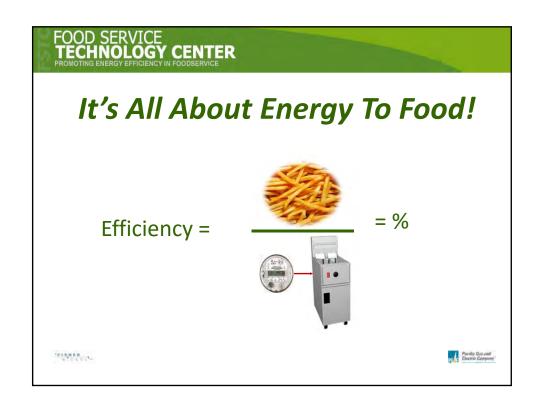


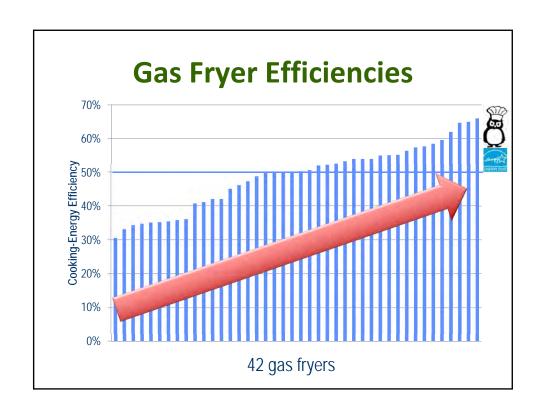


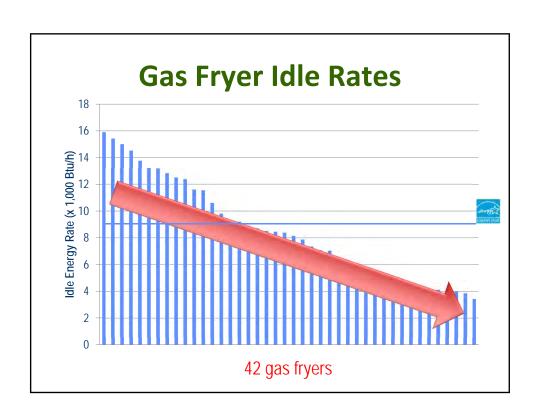
Rigorous Standard Test Methods are the Basis for Real Performance Comparison!

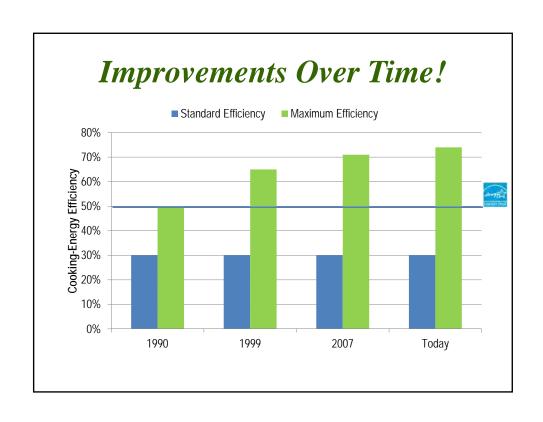


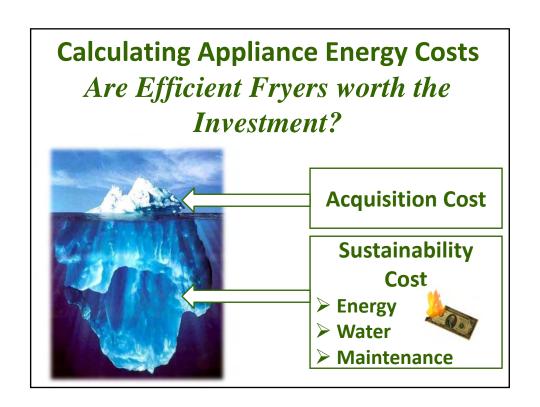




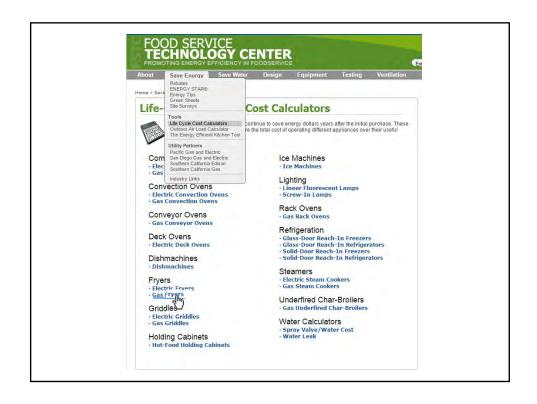


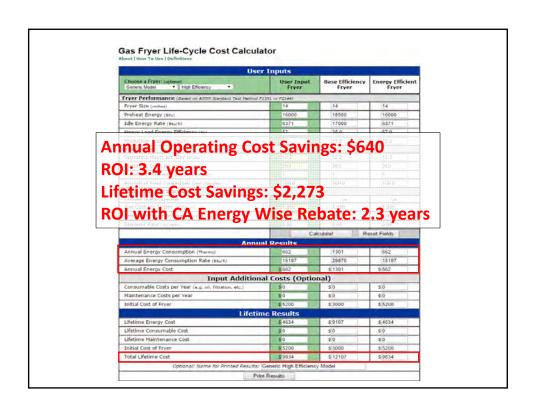












PG&E Fryer Replacement Case Study

Location: Chow, Danville

Measured Energy Use								
Hotline Location		Mainline NEW Vulcan VK45 Fryer (heavy use)	Grill line Old Fryer (light use)	Grill line NEW Pitco VF35 Fryer (light use)				
Daily Energy Use (therms)	3.6	1.3	2.8	1.6				
Annual Energy Use (therms) 1,287		452	990	573				
Annual Operating Cost Savings (\$)		\$835*		\$417*				

^{*}Operating cost savings based on a natural gas utility rate of \$1.00/therm.









Grill line Fryer

If you had to gas up your fryer every morning, your perspective would quickly change...



Beyond Energy

Selecting, Using and Maintaining the Fryer and Oil

The Fryer?'s

- 2. Fryer Size
- 3. Fryer Type

The Oil?'s

- 1. Food Product 1. Food Product
 - 2. Food/Oil Interface
 - 3. Condition Over Time
 - 4. Filtering
 - 5. Disposal



Food Product

- **French Fries**
- Onion Rings o Frozen
- Chicken
- Fish
- **Cheese Sticks**
- **Doughnuts**
- **Vegetables**
- **Twinkies**
- Etc!

Is it . . .

- o Slacked
 - o Fresh
 - o Breaded
- Battered
- Nitrogen Frozen!



What is being Fried? Field Study Confirms the Obvious!

Site #	Restaurant Type	Large Chain, Small Chain, Non- Chain	Average Daily Food Production [lbs of food]	Operating Hours of Fryer per week	Temperature of Oil [°F]	Food Items Produced in Fryer	
1	Fast Food	Non- Chain	47	87.5	350	Fries, Tater Tots	
2	Fast Food	Chain	183	168	360	Tortilla chips, Mac and cheese bites, desserts, breaded fish, breaded chicken, fries	
3	Fast Food	Small Chain	161	97	325-351	Fries, onion rings, chicken tenders	
4	Sit Down	Small Chain	70	70	375	Fries fresh cut potatoes, frozen sweet potatoes and frozen potato crisps), battered fish, battered pickles, corn chips, some breaded products, and taco shells	
5	Sit Down	Non- Chain	76	48	Not Available	Mozzarella sticks, tortilla chips, shrimp, calamari, chicken wings, battered cod, steak fries	
6	Sit Down	Small Chain	32	107	350	French Fries, Onion rings, Sweet potato fries, Chicken Wings, Bacon wrapped dates, Potato fritters, Fried chicken, Tempura beans, Tempura eggplant	

French Fry Types



Wild Variation in what comes out of the bag!



Effecting:

Cook time, holding time, serving temperature and amount of debris in oil



Fryer Type

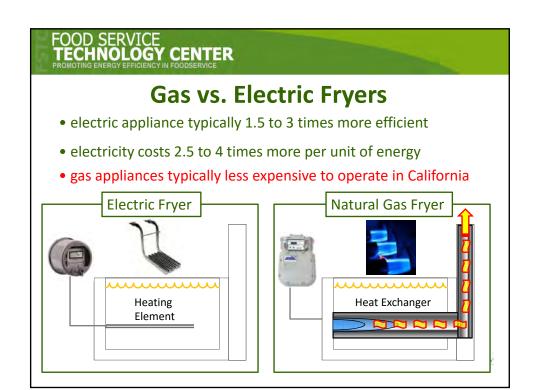
- Gas or Electric
- Open Vat
- Tube
- Flat Bottom
- Pressure
- Floor
- Countertop

Does it have . . .

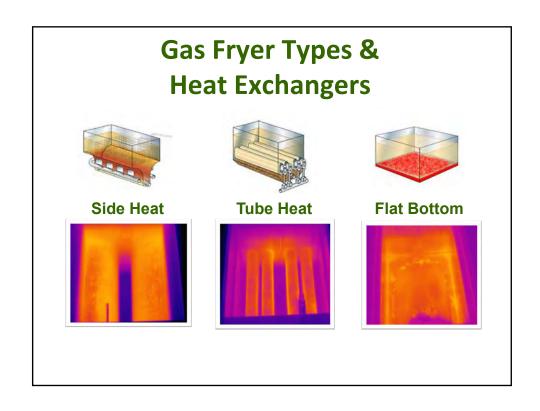
- o a timer
- o oil temperature display
- o controls that adjust cook time based on oil temp

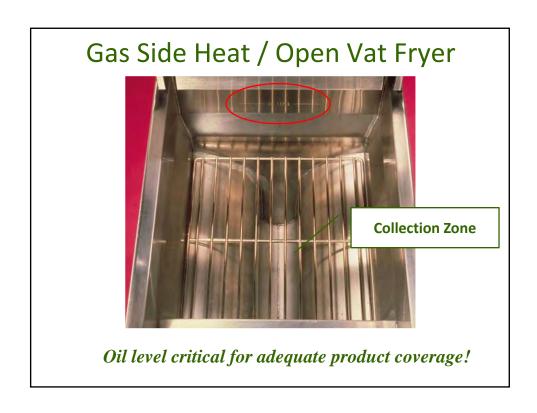
TRANSPORT OF







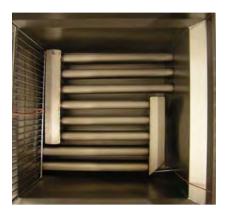






Advance Tube Heat Exchanger Designs

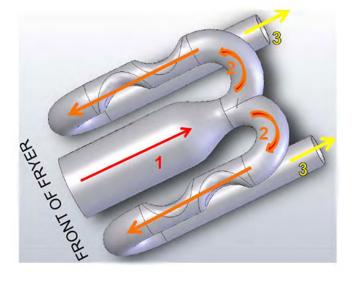
More surface area = More heat to oil!





Cooking Energy Efficiency: 65%+

Vulcan Multi Pass Heat Exchanger









Controlling the Fryer

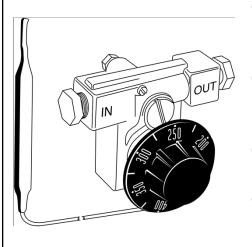
- Lower cost models control oil temperature only
- Mechanical thermostat No confirmation of Oil operating temper; large temperature swings
- Computer control thermostat = display with temperature readout; better temperature accuracy
- Computer with cooking time recipe and error messages of fry condition

TRINGS.





Thermostats



- Poorly maintained relays and thermostats can fail*
- Controls (high limit switches) can easily be overridden
- Sensor Breakage come failure
- Knobs often missing

Controls Solid-state "Computer Control"



Fryer selected, now you need to fill it!





HIGH PERFORMANCE FRYING

All Oils are **NOT** Created Equal

Danny Klauer – Foodservice Region Manager







From the Bean to the Box...Oil Processing

- Beans are crushed to make meal and crude oil.
- Crude oil is refined, bleached, and deodorized to make salad oil.
- Salad oil is the beginning of the edible oil array.
- Frying oil is made by adding TBHQ and silicone to salad oil







Different oils have different flavors...

- Soy grassy, bean-like
- Corn bland, chippy
- Peanut nutty, wood-like
- Canola bland, grassy
- Cottonseed smooth, clean
- Sun bland, pine-like



...and flavor makes a difference!



Where does trans fat come from?

- Most of the trans fat in food products comes from hydrogenated vegetable oils.
- Hydrogenation is the process of reacting hydrogen gas with oil to create solid or pliable shortenings.
- One of the results of hydrogenation is the formation of trans fat.
- A "Fully" Hydrogenated oil is a Saturated Fat
- "Fully" Hydrogenated oil does NOT contain trans fat
- "Partially" Hydrogenated oil contains Trans Fat

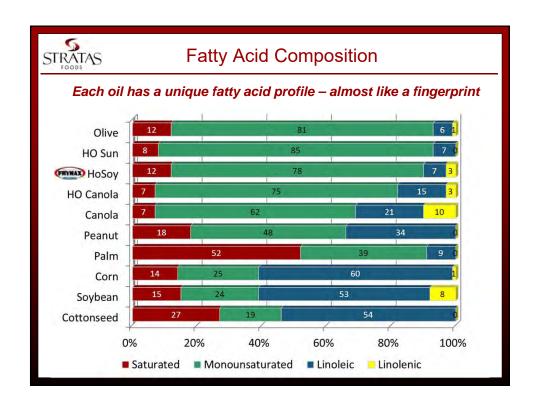


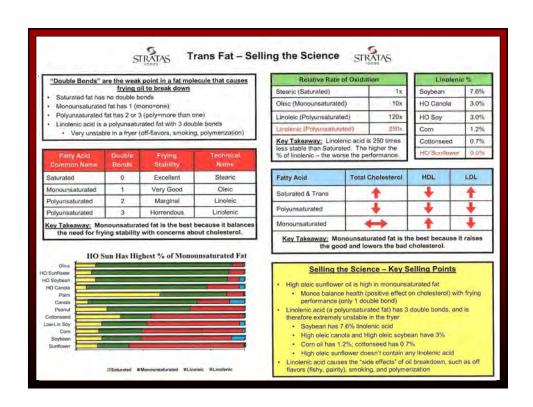
Creamy Versus Clear

Frying Oils - Zero Trans

- Some operators believe the creamy liquid affects product mouth-feel and "finish".
- Breading will have a dry, "matte" look versus a shiny, oily look.
- · A matter of operator preference.
- To make a zero-trans creamy liquid, Stratas adds fully hydrogenated oil.
- Fully hydrogenated oils DO NOT contain trans fat.

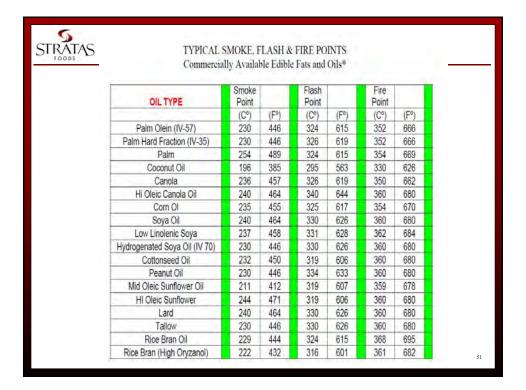


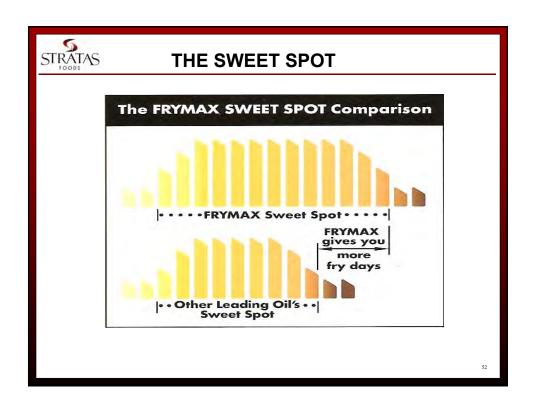










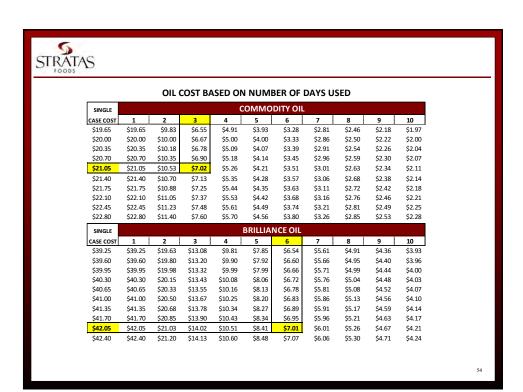




It's All About Fry Cost per Day

- Commodity Oil Cost per Day
 - \$25 case * 4 cases = \$100
 - \$100/5 days of life = \$20 fry cost per day
- Premium Oil Cost per Day
 - \$40 case * 4 cases = \$160
 - \$160/10 days of life = \$16 fry cost per day

53



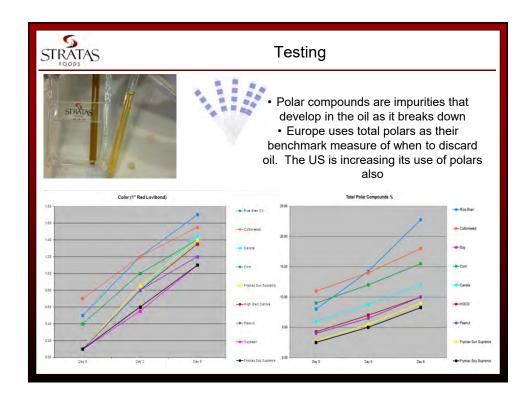


CHAWS

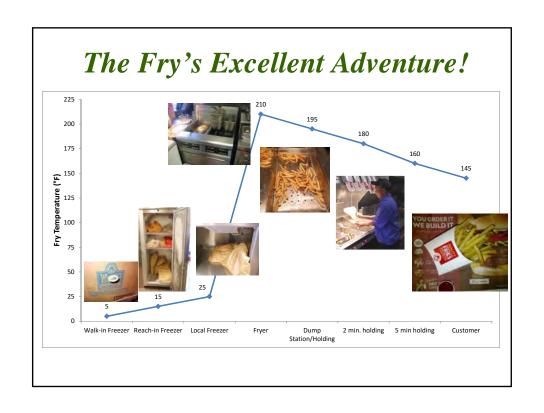
Five key things shorten oil life - CHAWS: Carbon, Heat, Air, Water, Salt

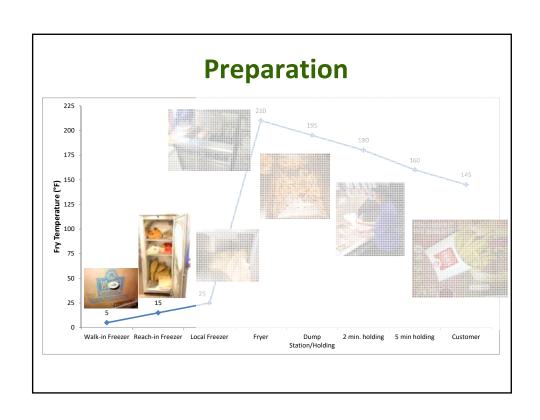
- Set the thermostat to 350°.
- Periodically check the oil temperature with a thermometer to make sure the thermostat is accurate.
- Fry frozen foods frozen. Do not allow them to thaw before frying. Remove excess ice crystals.
- Never fill the baskets more than half full regardless of the food item.
- Skim floating particles from the fryer periodically.
- · Never salt or season food items over the fryer, it will destroy the oil.
- During slack periods, turn the thermostat down to 200°
- · Keep fryer kettles covered when not in use.
- · Keep fryer kettles and baskets clean. Do not wash is dish machine.

55











Measuring out the basket load size



Load size controlled

Walk-in or Reach-in Freezer Storage & Staging







Walk-in Freezer

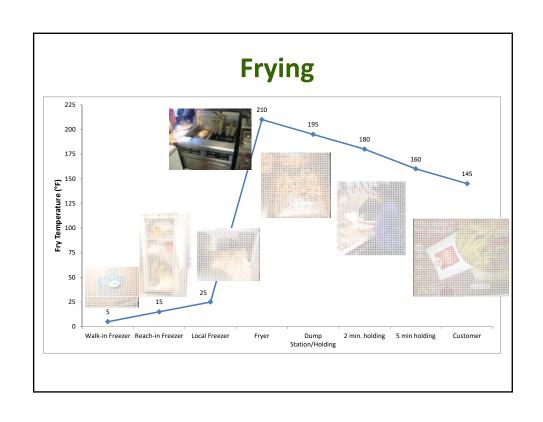
Reach-ins have temperature stratification & fluctuations

Automatized Fry Dispenser

Freezer with proportion control dispenser

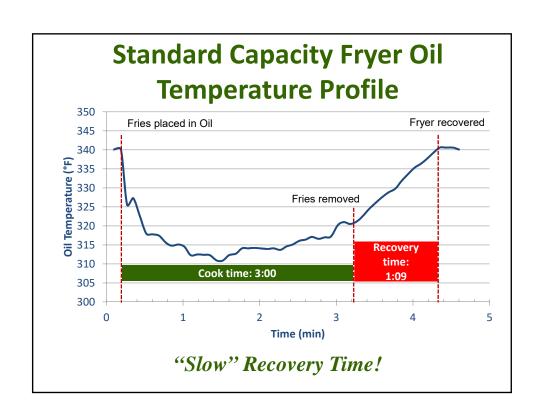


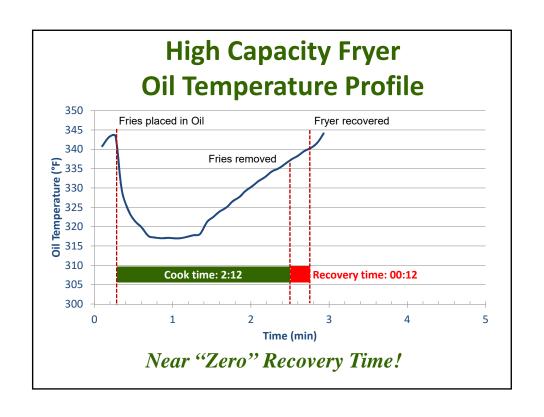


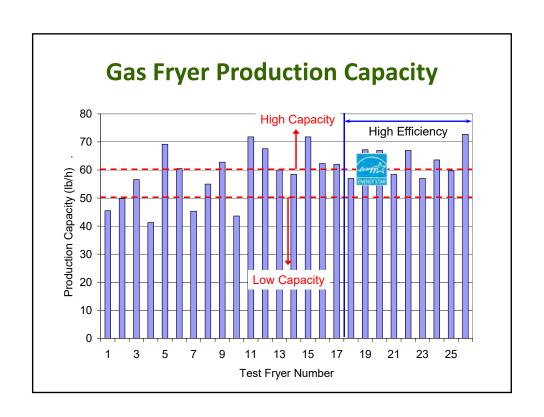


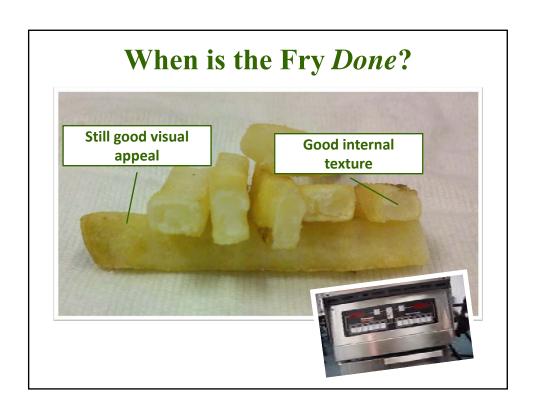


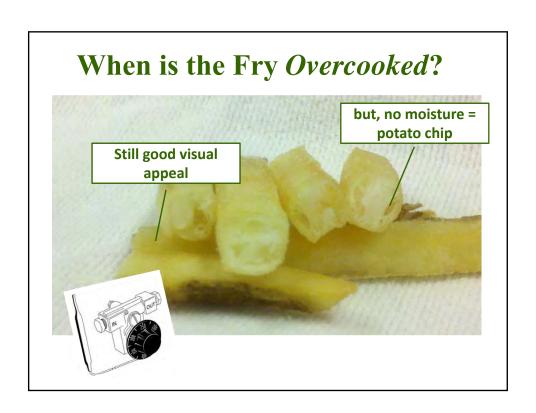






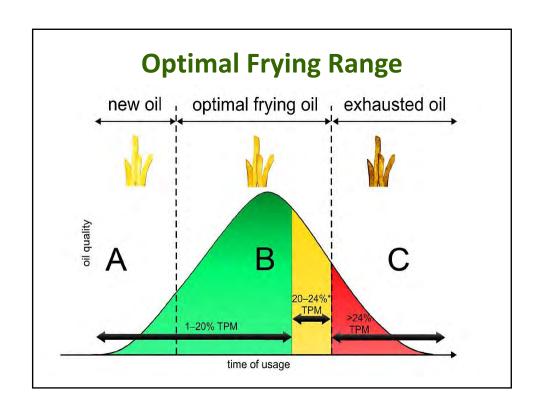


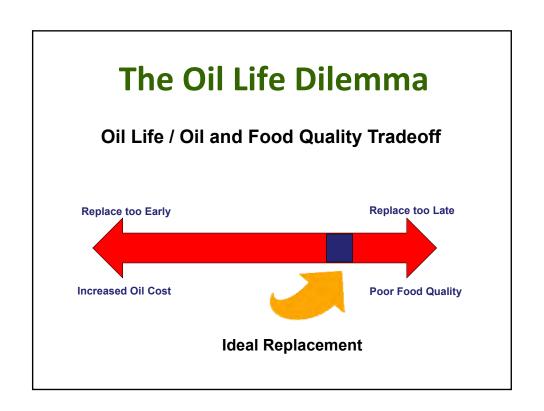


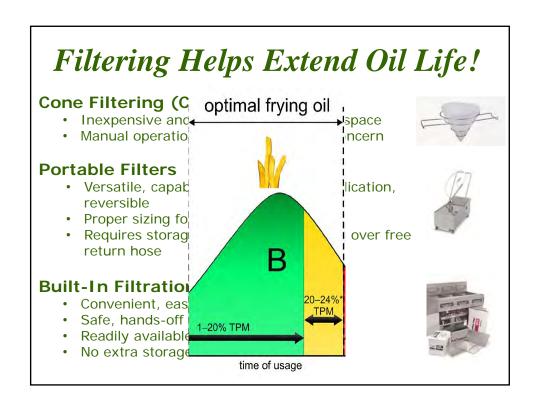




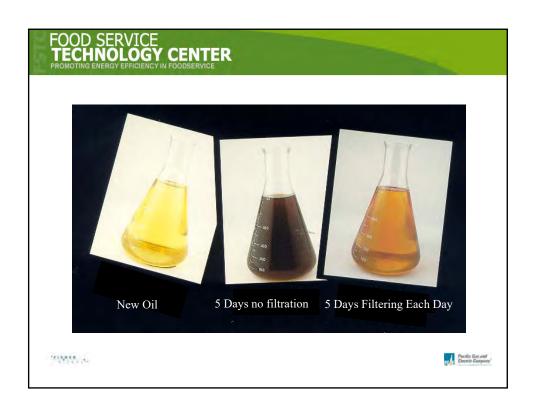










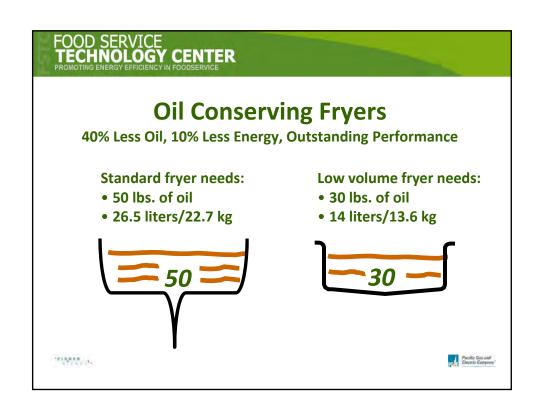




Low Oil Volume Fryers



Built in filtration & auto refill!







End of Cooking Oils have: **Dollar Value**

Safe method of transporting used oil





Reality of real world oil waist

Used oil transport caddy

Transfer of disposable oil, tank in upright position





Unit lays on back to fill from fryer

Can be Safety Risk when transporting HOT oil. If the unit is dropped during transport hot oil can splash forward and exit fill / drain.

